Information about the Coronavirus:
I do not feel well. What should I do?

1. If you suffer from symptoms such as fever, cough or shortness of breath, please call your family doctor.
   The doctor can decide whether you need to be tested for the coronavirus. In this case, your doctor can refer you for a test.

2. Outside consultation hours, you can call the medical emergency services on 116 117.

3. Follow the doctors' instructions.
   Important:
   - Do NOT go to the doctor’s practice without prior notice or unsolicited.
   - Stay at home or in your room until further clarification.
     Restrict contact with other people to a minimum.
   - Observe hygiene regulations.

4. If you live in shared accommodation, inform the responsible member of the Integration Service immediately.

5. You have to undergo residential quarantine,
   - if you feel very ill or are likely to be infected with the coronavirus or
   - if the coronavirus has already been detected in your case or
   - if you have had personal contact with an infected person.
   In this case, please carefully read the general regulations of the Landratsamt Heilbronn [Heilbronn district office] regarding residential quarantine. You must comply with the orders, conditions and instructions. The general regulations are available on the homepage of the district office at [www.landkreis-heilbronn.de/informationen-zum-coronavirus.44148.htm](http://www.landkreis-heilbronn.de/informationen-zum-coronavirus.44148.htm).

6. If you have any questions about the coronavirus, please contact the hotline of the SLK hospitals [district and city hospitals] of the city and the district of Heilbronn. The hotline can be reached from 8 a.m. to 8 p.m. on 07131 4933333.