

Information about the Coronavirus:

I do not feel well. What should I do?

1. If you suffer from symptoms such as fever, cough or shortness of breath, please <u>call</u> your family doctor.

The doctor can decide whether you need to be tested for the coronavirus. In this case, your doctor can refer you for a test.

- 2. Outside consultation hours, you can <u>call</u> the medical emergency services on 116 117.
- 3. Follow the doctors' instructions.

Important:

- Do NOT go to the doctor's practice without prior notice or unsolicited.
- Stay at home or in your room until further clarification.
 Restrict contact with other people to a minimum.
- Observe hygiene regulations.
- 4. If you live in shared accommodation, inform the responsible member of the Integration Service immediately.
- 5. You have to undergo residential quarantine,
 - if you feel very ill or are likely to be infected with the coronavirus or
 - if the coronavirus has already been detected in your case or
 - if you have had personal contact with an infected person.

In this case, please carefully read the general regulations of the Landratsamt Heilbronn [Heilbronn district office] regarding residential quarantine. You must comply with the orders, conditions and instructions. The general regulations are available on the homepage of the district office at <u>www.landkreis-heilbronn.de/informationen-zum-coronavirus.44148.htm</u>.

 If you have any questions about the coronavirus, please contact the hotline of the SLK hospitals [district and city hospitals] of the city and the district of Heilbronn. The hotline can be reached from 8 a.m. to 8 p.m. on 07131 4933333.